

## Choose us to provide your HSE Home Support Services



The HSE's Home Support Services are individualised packages of community-based supports aimed at helping older people to remain living in their home for as long as possible.

*Home Support Services are funded by the State, and can be delivered free of charge to you by Approved Providers such as Home Instead. There is no means test or income assessment.*



### Typical supports provided include:

- ▶ Assistance getting in and out of bed
- ▶ Assistance dressing and undressing
- ▶ Personal care
- ▶ Assistance with mobility
- ▶ Food preparation
- ▶ Medication reminders

You can apply for these free services if you are aged over 65 and need support to continue living at home or to return home following a hospital stay. Sometimes exceptions are made for people younger than 65 who need support.

Services are delivered on a needs basis, and you must apply directly to your local HSE Health Office to have your care needs assessed.

Home Instead is an Approved Provider of HSE Home Support Services, so you can choose us to deliver your service package, wherever in Ireland you may live.



# How can I apply for Home Support Services?

You can apply for Home Support Services if you are at home, in hospital or in a nursing home and wish to return home.

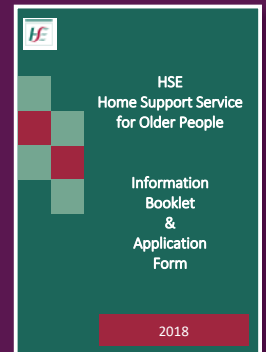
Your Public Health Nurse, GP or another Health Care Professional may present you with an information booklet which contains an application form.

You can also download the Home Support Services Information Booklet & Application Form from the HSE's website, or you can ask your local Home Support Office to send it to you.

You must fill in the application form and return it to your Health Care Professional or your local HSE Home Support Office.

If you are unable to apply yourself, someone such as a relative, GP or Public Health Nurse can complete it for you.

After the HSE receives your completed application form, the HSE will arrange a Care Needs Assessment to determine the kind of support you might need.

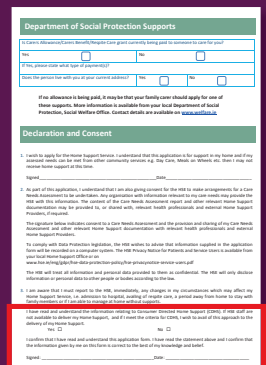


# How can I choose Home Instead?

Your Health Care Professional may give you a list of Approved Providers to choose from, and you can select Home Instead from the list.

Alternatively, when completing the form, you can apply for Consumer Directed Home Support, highlighted right, and if that model of home care is deemed to suit your needs, then you can choose Home Instead to deliver your care.

Further information on this model is available in our Consumer Directed Home Care brochure.



☎ 1890 930 847

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